
SHORT COURSE IN KINESIOLOGY TECHNIQUES FOR EXISTING HEALTHCARE PRACTITIONERS

Course outline

This course is suitable for anyone with an existing qualification in a therapy; for example a nutrition, herbalism, homoeopathy, aromatherapy, reflexology, massage, personal training, reiki, coaching.

WORTH 6 CREDITS (1 CREDIT = 10 NOTIONAL HOURS) CPD

This course is designed to give you a set of skills that will easily integrate with what you already do. There will be a practical assessment and you will be asked to give evidence of practicing the techniques learned.

In 6 days you will learn:

- *How to proficiently muscle test, using a variety of muscles, with accuracy and precision*
- *Ways of correcting muscle imbalances*
- *How to assess the best use of:*
 - *Food and supplements*
 - *Flower and Gem essences*
 - *Aromatherapy oils*
 - *Homoeopathic remedies*
- *Simple techniques to address old injuries, flexibility, neck and back problems*
- *How to discover the likelihood of specific food intolerances*
- *30 second allergy technique*
- *How you can use test vials, along with testing muscle response, to analyse a multitude of body imbalances e.g. candidiasis, blood sugar handling issues, electromagnetic stress, sub optimal health issues, hormonal imbalances and much much more*
- *Highly effective techniques that address any potential psychological issues*
 - *Psychological conflict*
 - *Affirmations to enforce new positive habits and goals (e.g. Eating healthily/exercising daily etc)*
 - *Releasing old thought patterns*
 - *Resolving fears and phobias*
- *Balancing blood chemistry*
- *Chakra balancing*
- *Aura leaks*
- *'Repairing' scar tissue*
- *How to integrate these techniques into your existing practice*

OUR PROSPECTUS WILL ANSWER ALL YOUR QUESTIONS AND CONTAINS AN APPLICATION FORM